

## Seasonal Katavasia

The following table concerns the chanting of Katavasia on Sundays and Feast Days throughout the year (ordinary weekdays use the Irmos from the last canon chanted on that day).

<b>From</b>	<b>To</b>	<b>Katavasia</b>
January 1	January 14	Theophany
January 15	Apodosis of the Meeting of the Lord	Meeting of the Lord
Day after Apodosis of the Meeting	Cheesefare Saturday	Theotokos
Cheesefare Sunday	Bright Saturday	As appointed *
Thomas Sunday	Apodosis of Pascha	Pascha (Easter)
Mid-Pentecost (4th Wednesday of Pascha)		Mid-Pentecost
Sunday of the Blind Man (6th Sunday of Pascha)	Apodosis of Ascension	Ascension
Ascension Day		Pentecost
Sunday before Pentecost (7th Sunday of Pascha)		Pentecost
Saturday before Pentecost	Apodosis of Pentecost	Pentecost
Sunday of All Saints	July 31	Theotokos
August 1	August 6	Exaltation of the Cross
August 7	August 12	Transfiguration
August 13		Exaltation of the Cross
August 14	August 23	Dormition
August 24	September 21	Exaltation of the Cross
September 22	November 20	Theotokos
November 21	December 31	Nativity of the Lord